

OM Srl gurubhyO namaH | hariH OM |

[[7-1-1]]

OM shaM nO mitraH shaM varuNaH |
shaM nO bhavatvaryaM |
shaM na iMdrO bRuhaspatiH |
shaM nO viShNururukramaH |
namO brahmaNE |
namastE vAyO |
tvamEva pratyakShaM brahmAsi |
tvamEva pratyakShaM brahma vadiShyAmi |
RutaM vadiShyAmi |
satyaM vadiShyAmi |
tanmAmavatu |
tadvaktAramavatu |
avatu mAm |
avatu vaktAram |
OM shAMtiH shAMtiH shAMtiH || 1 ||
iti prathamO&nuvAkaH ||

[[7-2-1]]

OM shIkShAM vyAkhyAsyAmaH |
varNassvaraH |
mAtrA balam |
sAma saMtAnaH |
ityuktashshIkShAdhyAyaH || 1 ||
iti dvitlyO&nuvAkaH ||

[[7-3-1]]

saha nau yashaH |
saha nau brahmavarcasam |
athAtaH sa hitAyA upaniShadaM vyAkhyAsyAmaH |
paMcasvadhikaraNEShu |
adhilOkamadhijyautiShamadhividyamadhiprajamadhyAtmam |
tA mahAsa hitA ityAcakShatE |
athAdhilOkam |
pRuthivi pUrvarUpam |
dyaauruttararUpam |
AkAshaH saMdhiH || 1 ||

[[7-3-2]]

vAyuH saMdhanam |
ityadhilOkam |
athAdhijyautiSham |
agniH pUrvarUpam |
Aditya uttararUpam |

ApaH saMdhiH |
vaidyutaH saMdhAnam |
ityadhijyautiSham |
athAdhividyam |
AcAryaH pUrvarUpam || 2 ||

[[7-3-3]]

aMtEvAsyuttararUpam |
vidyA saMdhiH |
pravacanaM saMdhAnam |
ityadhividyam |
athAdhiprajam |
mAtA pUrvarUpam |
pitOttararUpam |
prajA saMdhiH |
prajananaM saMdhAnam |
ityadhiprajam || 3 ||

[[7-3-4]]

athAdhyAtmam |
adharA hanuH pUrvarUpam |
uttarA hanuruttararUpam |
vAksaMdhiH |
jihvA saMdhAnam |
ityadhyAtmam |
itImA mahAsaM hitAH |
ya EvamEtA mahAsaM hitA vyAkhyAtA vEda |
saMdhyatE prajayA pashubhiH |
brahmavarcasEnAnnAdyEna suvargyENa IOkEna || 4 ||
iti tRutlyO&nuvAkaH ||

[[7-4-1]]

yashchaMdasAmRuShabhO vishvarUpaH |
chaMdObhyO&dhyamRutAthsaM babhUva |
sa mEMdrO mEdhayA spRuNOtu |
amRutasya dEva dhAraNO bhUyAsam |
sharIraM mE vicarShaNam |
jihvA mE madhumattamA |
karNAbhyAM bhUri vishruvam |
brahmaNaH kOshO&si mEdhayA pihitaH |
shrutaM mE gOpAya |
AvahaMtl vitanvAnA || 1 ||

[[7-4-2]]

kurvANA&clramAtmanaH |
vAsAM si mama gAvashca |

annapAnE ca sarvadA |
tatO mE shriyamAvaha |
IOmashAM pashubhiH saha svAhA |
A mAyaMtu brahmacAriNaH svAhA |
vi mA&&yaMtu brahmacAriNaH svAhA |
pra mA&&yaMtu brahmacAriNaH svAhA |
damAyaMtu brahmacAriNaH svAhA |
shamAyaMtu brahmacAriNaH svAhA || 2 ||

[[7-4-3]]

yashO janE&sAni svAhA |
shrEyAnvasyasO&sAni svAhA |
taM tvA bhaga pravishAni svAhA |
sa mA bhaga pravisha svAhA |
tasminthsahasrashAkhE |
ni bhagAhaM tvayi mRujE svAhA |
yathA&&paH pravatA&&yaMti |
yathA mAsA aharjaram |
EvaM mAM brahmacAriNaH |
dhAtarAyaMtu sarvataH svAhA |
prativEshO&si pra mA bhAhi pra mA padyasva || 3 ||
iti chaturthO&nuvAkaH ||

[[7-5-1]]

bhUrbhuvaH suvariti vA EtAstisrO vyAhRutayaH |
tAsAmu ha smai tAM caturthIm |
mAhAcamasyaH pravEdayatE |
maha iti |
tadbrahma |
sa AtmA |
aMgAnyanya dEvataH |
bhUriti vA ayaM IOkaH |
bhuva ityaMtarikSham |
suvarityasau IOkaH || 1 ||

[[7-5-2]]

maha ityAdityaH |
AdityEna vAva sarvE IOka mahIyaMtE |
bhUriti vA agniH |
bhuva iti vAyuH |
suvarityAdityaH |
maha iti caMdramAH |
caMdramasA vAva sarvANi jyOti Shi mahIyaMtE |
bhUriti vA RucaH |
bhuva iti sAmAni |
suvariti yajU Shi || 2 ||

[[7-5-3]]

maha iti brahma |
brahmaNA vAva sarvE vEdA mahIyaMtE |
bhUriti vai prANaH |
bhuva ityapAnaH |
suvariti vyAnaH |
maha ityannam |
annEna vAva sarvE prANA mahIyaMtE |
tA vA EtAshcatasrashcaturdhA |
catasrashcatasrO vyAhRutayaH |
tA yO vEda |
sa vEda brahma |
sarvE&smai dEvA balimAvahaMti || 3 ||
iti paMcamO&nuvAkaH ||

[[7-6-1]]

sa ya EShO&MtarahRudaya AkAshaH |
tasminnayaM puruShO manOmayaH |
amRutO hiraNmayaH |
aMtarENa tAlukE |
ya ESha stana ivAvalaMbatE |
sEMdrayOniH |
yatrasau kEshAMtO vivartatE |
vyapOhya shlrShakapAIE |
bhUrityagnau pratitiShThati |
bhuva iti vAyau || 1 ||

[[7-6-2]]

suvarityAdityE |
maha iti brahmaNi |
ApnOti svArAgyam |
ApnOti manasaspatim |
vAkpatishcakShuShpatiH |
shrOtrapatirvij~jAnapatiH |
EtattatO bhavati |
AkAshasharIraM brahma |
satyAtma prANArAmaM mana AnaMdam |
shAMtisamRuddhamamRutam |
iti prAcInayOgyOpAssva || 2 ||
iti ShaShTO&nuvAkaH ||

[[7-7-1]]

pRuthivyaMtarikShaM dyaurdishO&vAMtaradishAH |
agnirvAyurAdityashcaMdramA nakShatrANi |
Apa OShadhayO vanaspataya AkAsha AtmA |
ityadhibhUtam |

athAdhyAtmam |
prANO vyAnO&pAna udAnaH samAnaH |
cakShushshrOtraM manO vAktvak |
carma mAM saM snAvAsthi majjA |
EtadadhividhAya RuShiravOcat |
pAMktaM vA ida sarvam |
pAMktEnaiva pAMktaM spRuNOtIti || 1 ||
iti saptamO&nuvAkaH ||

[[7-8-1]]

Omiti brahma |
OmitIdaM sarvam |
OmityEtadanukRutirhasma vA apyO shrAvayEtyAshrAvayaMti |
Omiti sAmAni gAyaMti |
OM shOmiti shastrANI shaM saMti |
OmityadhvaryuH pratigaraM pratigRuNAti |
Omiti brahma prasauti |
OmityagnihOtramanujAnAti |
Omiti brAhmaNaH pravakShyannAha brahmOpApnavAnIti |
brahmaivOpApnOti || 1 ||
ityaShTamO&nuvAkaH ||

[[7-9-1]]

RutaM ca svAdhyAyapravacanE ca |
satyaM ca svAdhyAyapravacanE ca |
tapashca svAdhyAyapravacanE ca |
damashca svAdhyAyapravacanE ca |
shamashca svAdhyAyapravacanE ca |
agnayashca svAdhyAyapravacanE ca |
agnihOtraM ca svAdhyAyapravacanE ca |
atithayashca svAdhyAyapravacanE ca |
mAnuShaM ca svAdhyAyapravacanE ca |
prajA ca svAdhyAyapravacanE ca |
prajanashca svAdhyAyapravacanE ca |
prajAtishca svAdhyAyapravacanE ca |
satyamiti satyavacA rAthItaraH |
tapa iti tapOnityaH paurushiShTiH |
svAdhyAyapravacanE EvEti nAkO maudgalyaH |
taddhi tapastaddhi tapaH || 1 ||
iti navamO&nuvAkaH ||

[[7-10-1]]

ahaM vRukShasya rErivA |
klrtiH pRuShThaM girEriva |
UrdhvapavitrO vAjinIva svamRutamasmi |
draviNa savarcasam |

sumEdhA amRutOkShitaH |
iti trishaMkOrvEdAnuvacanam || 1 ||
iti dashamO&nuvAkaH ||

[[7-11-1]]

vEdamanUcyAcAryO&ntEvAsinamanushAsti |
satyaM vada |
dharmaM cara |
svAdhyAyAnmA pramadaH |
AcAryAya priyaM dhanamAhRutya prajAtantuM mA vyavacchEtsIH |
satyAnna pramaditavyam |
dharmAnna pramaditavyam |
kushalAnna pramaditavyam |
bhUtyai na pramaditavyam |
svAdhyAyapravacanAbhyAM na pramaditavyam || 1 ||

[[7-11-2]]

dEvapitRukAryAbhyAM na pramaditavyam |
mAtRudEvO bhava |
pitRudEvO bhava |
AcAryadEvO bhava |
atithidEvO bhava |
yAnyanavadyAni karmANi |
tAni sEvitavyAni |
nO itarANi |
yAnyasmAka sucaritAni |
tAni tvayOpAsyAni || 2 ||

[[7-11-3]]

nO itarANi |
yE kE cArumacchrEyAMsO brAhmaNAH |
tEShAM tvayA&&sanE na prashvasitavyam |
shraddhayA dEyam |
ashraddhayA&dEyam |
shriyA dEyam |
hriyA dEyam |
bhiyA dEyam |
saMvidA dEyam |
atha yadi tE karmavicikithsA vA vRuttavicikithsA vA syAt || 3 ||

[[7-11-4]]

yE tatra brAhmaNAH saMmarshinaH |
yuktA AyuktAH |
alUkShA dharmakAmAH syuH |
yathA tE tatra vartErann |
tathA tatra vartEthAH |

athAbhyAkhyAtEShu |
yE tatra brAhmaNAH saMmarshinaH |
yuktA AyuktAH |
alUkShA dharmakAmAH syuH |
yathA tE tEShu vartEran |
tathA tEShu vartEthAH |
ESha AdEshaH |
ESha upadEshaH |
EShA vEdOpaniShat |
EtadanushAsanam |
EvamupAsitavyam |
Evamu caitadupAsyam || 4 ||
ityEkAdashA&nuvAkaH ||

[[7-12-1]]

shaM nO mitrashshaM varuNaH |
shaM nO bhavatvaryamA |
shaM na indrO bRuhaspatiH |
shaM nO viShNururukramaH |
namO brahmaNE |
namastE vAyO |
tvamEva pratyakShaM brahmAsi |
tvamEva pratyakShaM brahmAvAdiSham |
RutamavAdiSham |
satyamavAdiSham |
tanmAmAvIt |
tadvaktAramAvIt |
AvInmAm |
AvIdvaktAram |
OM shAMtiH shAMtiH shAMtiH || 1 ||
iti dwAdashO&nuvAkaH ||

|| iti shIkShAvallI samAptA ||

[[8-0-0]]

OM saha nAvavatu |
saha nau bhunaktu |
saha vIryaM karavAvahai |
tEjasvi nAvadhItamastu mA vidviShAvahai |
OM shAMtiH shAMtiH shAMtiH ||

[[8-1-1]]

OM brahmavidApnOti param |
tadEShA&bhyuktA |
satyaM j~jAnamanaMtaM brahma |
yO vEda nihitaM guhAyAM paramE vyOman |

sO&shnutE sarvAn kAmAn saha |
brahmaNA vipashcitEti |
tasmAdvA EtasmAdAtmana AkAshaH saMbhUtaH |
AkAshAdvAyuH |
vAyOragniH |
agnErApaH |
adbhyaH pRuthivI |
pRuthivyA OShadhayaH |
OShadhIbhyO&nnam |
annAtpuruShaH |
sa vA ESha puruShO&nnarasamayaH |
tasyEdamEva shiraH |
ayaM dakShiNaH pakShaH |
ayamuttaraH pakShaH |
ayamAtmA |
idaM pucchaM pratiShThA |
tadapyESha shIOkO bhavati || 1 ||
iti prathamO&nuvAkaH ||

[[8-2-1]]

annAdvai prajAH prajAyaMtE |
yAH kAshca pRuthivIM shritAH |
athO annEnaiva jIvaMti |
athainadapi yaMtyaMtataH |
annaM hi bhUtAnAM jyEShTham |
tasmAthsarvauShadhamucyatE |
sarvaM vai tE&nnamApnuvaMti |
yE&nnaM brahmOpAsatE |
anna hi bhUtAnAM jyEShTham |
tasmAthsarvauShadhamucyatE |
annAdbhUtAni jAyaMtE |
jAtAnyannEna vardhaMtE |
adyatE&tti ca bhUtAni |
tasmAdannaM taducyata iti |
tasmAdvA EtasmAdannarasamayAt |
anyO&Mtara AtmA prANamayaH |
tEnaiSha pUrNaH |
sa vA ESha puruShavidha Eva |
tasya puruShavidhatAm |
anvayaM puruShavidhaH |
tasya prANa Eva shiraH |
vyAnO dakShiNaH pakShaH |
apAna uttaraH pakShaH |
AkAsha AtmA |
pRuthivI pucchaM pratiShThA |
tadapyESha shIOkO bhavati || 1 ||

iti dvitlyO&nuvAkaH ||

[[8-3-1]]

prANaM dEvA anuprANaMti |
manuShyAH pashavashca yE |
prANO hi bhUtAnAmAyuH |
tasmAthsarvAyuShamucyate |
sarvamEva ta AyuryaMti |
yE prANaM brahmOpAsate |
prANO hi bhUtAnAmAyuH |
tasmAthsarvAyuShamucyata iti |
tasyaiSha Eva shArIra AtmA |
yaH pUrvasya |
tasmAdvA EtasmAtprANamayAt |
anyO&Mtara AtmA manOmayah |
tEnaiSha pUrNaH |
sa vA ESha puruShavidha Eva |
tasya puruShavidhatAm |
anvayaM puruShavidhaH |
tasya yajurEva shiraH |
RugdakShiNaH pakShaH |
sAmOttaraH pakShaH |
AdEsha AtmA |
atharvAMgirasaH pucchaM pratiShThA |
tadapyESha shIOkO bhavati || 1 ||
iti tRutlyO&nuvAkaH ||

[[8-4-1]]

yato vAcO nivartaMtE |
aprApya manasa saha |
AnaMdaM brahmaNO vidvAn |
na bibhEti kadAcanEti |
tasyaiSha Eva shArIra AtmA |
yaH pUrvasya |
tasmAdvA EtasmAnmanOmayAt |
anyO&Mtara AtmA vij~jAnamayah |
tEnaiSha pUrNaH |
sa vA ESha puruShavidha Eva |
tasya puruShavidhatAm |
anvayaM puruShavidhaH |
tasya shraddhaiva shiraH |
RutaM dakShiNaH pakShaH |
satyamuttaraH pakShaH |
yOga AtmA |
mahaH pucchaM pratiShThA |
tadapyESha shIOkO bhavati || 1 ||

iti chaturthO&nuvAkaH ||

[[8-5-1]]

vij~jAnaM yaj~jaM tanutE |
karmANi tanutE&pi ca |
vij~jAnaM dEvAH sarvE |
brahma jyEShThamupAsatE |
vij~jAnaM brahma cEdvEda |
tasmAccEnna pramAdyati |
sharIre pApmanO hitvA |
sarvAMkAmAMthsamashnuta iti |
tasyaiSha Eva shArlra AtmA |
yaH pUrvasya |
tasmAdvA EtasmAdvij~jAnamayAt |
anyO&Mtara AtmA&&naMdamayaH |
tEnaiSha pUrNaH |
sa vA ESha puruShavidha Eva |
tasya puruShavidhatAm |
anvayaM puruShavidhaH |
tasya priyamEva shiraH |
mOdO dakShiNaH pakShaH |
pramOda uttaraH pakShaH |
AnaMda AtmA |
brahma pucchaM pratiShThA |
tadapyESha shIOkO bhavati || 1 ||
iti paMcamO&nuvAkaH ||

[[8-6-1]]

asannEva sa bhavati |
asadbrahmEti vEda cEt |
asti brahmEti cEdvEda |
saMtamEnaM tatO viduriti |
tasyaiSha Eva shArlra AtmA |
yaH pUrvasya |
athAtO&nuprashnAH |
utAvidvAnamuM IOkaM prEtya |
kashcana gacchatI u |
AhO vidvAnamuM IOkaM prEtya |
kashcithsamashnutA 3 u |
sO&kAmayata |
bahu syAM prajAyEyEti |
sa tapO&tapyata |
sa tapastaptvA |
idaM sarvamasRujata |
yadidaM kiMca |
tathRuShTvA |

tadEvAnuprAvishat |
tadanupravishya |
sacca tyaccAbhavat |
niruktaM cAniruktaM ca |
nilayanaM cAnilayanaM ca |
vij~jAnaM cAvij~jAnaM ca |
satyaM cAnRutaM ca satyamabhavat |
yadidaM kiMca |
tatsatyamityAcakShatE |
tadapyESha shIOkO bhavati || 6 ||
iti ShaShTO&nuvAkaH ||

[[8-7-1]]

asadvA idamagra AsIt |
tatO vai sadajAyata |
tadAtmAnaM svayamakuruta |
tasmAttathsukRutamucyata iti |
yadvai tathsukRutam |
rasO vai saH |
rasaM hyEvAyaM labdhvA&&naMdl bhavati |
kO hyEvAnyAtkaH prANyAt |
yadESha AkAsha AnandO na syAt |
ESha hyEvA&&nandayAti |
yadA hyEvaiSha EtasminnadRushyE&nAtmyE&niruktE&nilayanE&bhayaM
pratiShThAM vindatE |
atha sO&bhayaM gatO bhavati |
yadA hyEvaiSha EtasminnudaramaMtaraM kurutE |
atha tasya bhayaM bhavati |
tattvEva bhayaM viduShO&manvAnasya |
tadapyESha shIOkO bhavati || 7 ||
iti saptamO&nuvAkaH ||

[[8-8-1]]

bhIShA&smAdvAtaH pavatE |
bhIShOdEti sUryaH |
bhIShA&smAdagnishcEMdrashca |
mRutyurdhAvati paMcama iti |
saiShA&&naMdasya mlmAM sA bhavati |
yuvA syAthSAdhuyuvA&dhyAyakaH |
AshiShThO dRuDhiShThO baliShThaH |
tasyEyaM pRuthivI sarvA vittasya pUrNA syAt |
sa EkO mAnuSha AnaMdaH |
tE yE shataM mAnuShA AnaMdaH || 1 ||

[[8-8-2]]

sa EkO manuShyagaMdhArvANAmAnaMdaH |
shrOtriyasya cAkAmahatasya |
tE yE shataM manuShyagaMdhArvANAmAnaMdaH |
sa EkO dEvagaMdhArvANAmAnaMdaH |
shrOtriyasya cAkAmahatasya |
tE yE shataM dEvagaMdhArvANAmAnaMdaH |
sa EkaH pitRuNAM ciralOkalOkAnAmAnaMdaH |
shrOtriyasya cAkAmahatasya |
tE yE shataM pitRuNAM ciralOkalOkAnAmAnaMdaH |
sa Eka AjAnajAnAM dEvAnAmAnaMdaH || 2 ||

[[8-8-3]]

shrOtriyasya cAkAmahatasya |
tE yE shataM AjAnajAnAM dEvAnAmAnaMdaH |
sa EkaH karmadEvAnAM dEvAnAmAnaMdaH |
yE karmaNA dEvAnapiyaMti |
shrOtriyasya cAkAmahatasya |
tE yE shataM karmadEvAnAM dEvAnAmAnaMdaH |
sa EkO dEvAnAmAnaMdaH |
shrOtriyasya cAkAmahatasya |
tE yE shataM dEvAnAmAnaMdaH |
sa Eka iMdrasyA&&naMdaH || 3 ||

[[8-8-4]]

shrOtriyasya cAkAmahatasya |
tE yE shataM iMdrasyA&&naMdaH |
sa EkO bRuhaspaterAnaMdaH |
shrOtriyasya cAkAmahatasya |
tE yE shataM bRuhaspaterAnaMdaH |
sa EkaH prajApatErAnaMdaH |
shrOtriyasya cAkAmahatasya |
tE yE shataM prajApatErAnaMdaH |
sa EkO brahmaNa AnaMdaH |
shrOtriyasya cAkAmahatasya || 4 ||

[[8-8-5]]

sa yashcAyaM puruShE |
yashcAsAvAdityE |
sa EkaH |
sa ya EvaMvit |
asmAlIOkAtprEtya |
EtamannamayamAtmAnamupasaMkrAmati |
EtaM prANamayamAtmAnamupasaMkrAmati |
EtaM manOmayamAtmAnamupasaMkrAmati |
EtaM vij~jAnamayamAtmAnamupasaMkrAmati |

EtamAnandamayamAtmAnamupasaMkrAmati |
tadapyESha shIOkO bhavati || 5 ||
ityaShTamO&nuvAkaH ||

[[8-9-1]]

yatO vAcO nivartaMtE |
aprApya manasA saha |
AnaMdaM brahmaNO vidvAn |
na bibhEti kutashcanEti |
EtaM ha vAva na tapati |
kimahaM sAdhu nAkaravam |
kimahaM pApamakaravamiti |
sa ya EvaM vidvAnEtE AtmAnaM spRuNutE |
ubhE hyEvaiSha EtE AtmAnaM spRuNutE |
ya EvaM vEda |
ityupaniShat || 1 ||
iti navamO&nuvAkaH ||

|| iti brahmAnaMdavaIII samAptA ||

[[9-0-0]]

OM saha nAvavatu |
saha nau bhunaktu |
saha vIryaM karavAvahai |
tEjasvi nAvadhItamastu mA vidviShAvahai |
OM shAMtiH shAMtiH shAMtiH ||

[[9-1-1]]

bhRugurvai vAruNiH |
varuNaM pitaramupasasAra |
adhIhi bhagavO brahmEti |
tasmA EtatprOvAca |
annaM prANaM cakShushshrOtraM manO vAcamiti |
taM hOvAca |
yatO vA imAni bhUtAni jAyaMtE |
yEna jAtAni jIvaMti |
yatprayaMtyabhisaMvishaMti |
tadvijj~jAsasva |
tadbrahmEti |
sa tapO&tapyata |
sa tapastaptvA || 1 ||
iti prathamO&nuvAkaH ||

[[9-2-1]]

annaM brahmEti vyajAnAt |
annAddhyEva khalvimAni bhutAni jAyaMtE |
annEna jAtAni jlvaMti |
annaM prayaMtyabhisaMvishaMtliti |
tadvij~jAya |
punarEva varuNaM pitaramupasasAra |
adhIhi bhagavO brahmEti |
taM hOvAca |
tapasA brahma vijij~jAsasva |
tapO brahmEti |
sa tapO&tapyata |
sa tapastaptvA || 1 ||
iti dvitlyO&nuvAkaH ||

[[9-3-1]]

prANO brahmEti vyajAnAt |
prANAddhyEva khalvimAni bhUtAni jAyaMtE |
prANEna jAtAni jlvaMti |
prANaM prayaMtyabhisaMvishaMtliti |
tadvij~jAya |
punarEva varuNaM pitaramupasasAra |
adhIhi bhagavO brahmEti |
taM hOvAca |
tapasA brahma vijij~jAsasva |
tapO brahmEti |
sa tapO&tapyata |
sa tapastaptvA || 1 ||
iti tRutlyO&nuvAkaH ||

[[9-4-1]]

manO brahmEti vyajAnAt |
manasO hyEva khalvimAni bhUtAni jAyaMtE |
manasA jAtAni jlvaMti |
manaH prayaMtyabhisaMvishaMtliti |
tadvij~jAya |
punarEva varuNaM pitaramupasasAra |
adhIhi bhagavO brahmEti |
taM hOvAca |
tapasA brahma vijij~jAsasva |
tapO brahmEti |
sa tapO&tapyata |
sa tapastaptvA || 1 ||
iti chaturthO&nuvAkaH ||

[[9-5-1]]

vij~jAnaM brahmEti vyajAnAt |
vij~jAnAddhyEva khalvimAni bhUtAni jAyaMtE |
vij~jAnEna jAtAni jIvaMti |
vij~jAnaM prayaMtyabhisaMvishaMlti |
tadvij~jAya |
punarEva varuNaM pitaramupasasAra |
adhIhi bhagavO brahmEti |
taM hOvAca |
tapasA brahma vijij~jAsasva |
tapO brahmEti |
sa tapO&tapyata |
sa tapastaptvA || 1 ||
iti paMcamO&nuvAkaH ||

[[9-6-1]]

AnaMdO brahmEti vyajAnAt |
AnaMdAddhyEva khalvimAni bhUtAni jAyaMtE |
AnaMdEna jAtAni jIvaMti |
AnaMdaM prayaMtyabhisaMvishaMlti |
saiShA bhArgavl vAruNI vidyA |
paramE vyOmaMpratiShThitA |
sa ya EvaM vEda pratitiShThati |
annavAnannAdO bhavati |
mahAMbhavati prajayA pashubhirbrahmavarcasEna |
mahAn kIrtyA || 1 ||
iti ShaShTO&nuvAkaH ||

[[9-7-1]]

annaM na niMdyAt |
tadvratam |
prANO vA annam |
sharIramannAdam |
prANE sharIraM pratiShThitam |
sharIre prANaH pratiShThitaH |
tadEtadannamannE pratiShThitam |
sa ya EtadannamannE pratiShThitaM vEda pratitiShThati |
annavAnannAdO bhavati |
mahAMbhavati prajayA pashubhirbrahmavarcasEna |
mahAn kIrtyA || 1 ||
iti saptamO&nuvAkaH ||

[[9-8-1]]

annaM na paricakShIta |
tadvratam |
ApO vA annam |

jyOtirannAdam |
aphsu jyOtiH pratiShThitam |
jyOtiShyApaH pratiShThitAH |
tadEtadannamannE pratiShThitam |
sa ya EtadannamannE pratiShThitaM vEda pratitiShThati |
annavAnannAdO bhavati |
mahAMbhavati prajayA pashubhirbrahmavarcasEna |
mahAn klrtyA || 8 ||
ityaShTamO&nuvAkaH ||

[[9-9-1]]

annaM bahu kurvIta |
tadvratam |
pRuthivI vA annam |
AkAshO&nnAdaH |
pRuthivyAmAkAshaH pratiShThitaH |
AkAshE pRuthivI pratiShThitA |
tadEtadannamannE pratiShThitam |
sa ya EtadannamannE pratiShThitaM vEda pratitiShThati |
annavAnannAdO bhavati |
mahAMbhavati prajayA pashubhirbrahmavarcasEna |
mahAn klrtyA || 9 ||
iti navamO&nuvAkaH ||

[[9-10-1]]

na kaMcana vasatau pratyAcakShIta |
tadvratam |
tasmAdyayA kayA ca vidhayA bahvannaM prApnuyAt |
arAdhyasmA annamityAcakShatE |
Etadvai mukhatO&nnaM rAddham |
mukhatO&smA annaM rAdhyatE |
Etadvai madhyatO&nnaM rAddham |
madhyatO&smA annaM rAdhyatE || 1 ||

[[9-10-2]]

EtadvA aMtato&nnaM rAddham |
aMtato&smA annaM rAdhyatE |
ya EvaM vEda |
kShEma iti vAci |
yOgakShEma iti prANApAnayOH |
karmEti hastayOH |
gatiriti pAdayOH |
vimuktiriti pAyau |
iti mAnuShIssamAj~jAH |
atha daivIH |
tRuptiriti vRuShTau |

balamiti vidyuti || 2 ||

[[9-10-3]]

yasha iti pashuShu |
jyOtiriti nakShatrEShu |
prajAtiramRutamAnaMda ityupasthE |
sarvamityAkAshE |
tatpratiShThEtyupAslta |
pratiShThAvAMbhavati |
tanmaha ityupAslta |
mahAMbhavati |
tanmana ityupAslta |
mAnavAMbhavati || 3 ||

[[9-10-4]]

tannama ityupAslta |
namyaMtE&smi kAmAH |
tadbrahmEtyupAslta |
brahmavAMbhavati |
tadbrahmaNaH parimara ityupAslta |
paryENaM mriyaMtE dviShAMtaH sapatnAH |
pari yE&priyA bhrAtRuvyAH |
sa yashcAyaM puruShE |
yashcAsAvAdityE |
sa EkaH || 4 ||

[[9-10-5]]

sa ya EvaMvit |
asmAIIOkAtprEtya |
EtamannamayamAtmAnamupasaMkramya |
EtaM prANamayamAtmAnamupasaMkramya |
EtaM manOmayamAtmAnamupasaMkramya |
EtaM vij~jAnamayamAtmAnamupasaMkramya |
EtamAnaMdamayamAtmAnamupasaMkramya |
imAMIIOkaMkAmAnnI kAmarUpyanusamcaran |
EtathSAma gAyannAstE |
hA 3 vu hA 3 vu hA 3 vu || 5 ||

[[9-10-6]]

ahamannamahamannamahamannam |
ahamannAdO3&hamannAdO3&ahamannAdaH |
ahaM shIOkakRudahaM shIOkakRudahaM shIOkakRut |
ahamasmi prathamajA RutA3sya |
pUrvaM dEvEbhyO&mRutasya nA3bhAyi |
yO mA dadAti sa idEva mA3&&vAH |
ahamannamannamadaMtamA3dmi |

taittirIyOpanishat

ahaM vishvaM bhuvanamabhyabhavA3m |
suvarna jyOtIH |
ya EvaM vEda |
ityupaniShat || 6 ||
iti dashamO&nuvAkaH ||
|| iti BRuguvallI samAptA ||

OM saha nAvavatu |
saha nau bhunaktu |
saha vIryaM karavAvahai |
tEjasvi nAvadhItamastu mA vidviShAvahai |

|| OM shAMtiH shAMtiH shAMtiH ||

|| hariH OM ||